#### **Postal Address**

18 Simeon Rd. Orchard Hills. NSW 2748

**Shed Address** 

19 Calver Ave.

Mt. Riverview

#### **COMMITTEE**

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Vice President	
Ron Langley	4736 4305
Secretary	
Bob Maynard	4739 2767
Treasurer	
David Ongley	4736 5743
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# SHED MEN AT WORK

IN THEIR COMMUNITY SHOULDER TO SHOULDER Newsletter of the nepean men's shed inc. JANUARY 2016

G'day Shedders

I hope everyone has survived the Christmas festivities and are fit and well for the year ahead. 2016 will be landmark year for the Nepean Men's Shed, a year that will see us in our own shed, lots of new faces and some major projects for us to participate in. To reach this point required a great deal of blood ,sweat and tears by members and will require a great deal more as we move forward.

We will be doing so without one of our founding members and mentor Ramon U'Brien. He will remain a member of our shed but will be stepping down from his role as the Public Officer and will not be available for future positions.

We are indebted to Ramon, for, if it wasn't for his fortitude and commitment to the Men's Shed movement, we would not exist. We have come a long way since 2010 and 4 members. Who would have dared to have imagined how far we would come in 5 years.

Thanks, Ramon for all the time and effort you have put into the Lower Mountains and Nepean Men's Sheds over the past 5 years.

Well done mate and thanks.

#### **OUR SUPPORTERS**





Phone: 4751 8333

#### TEN WORDS WOMEN USE

- (1) <u>Fine</u>: This isword women use to end an argument when they are right and you need to shut up.
- (2) Five Minutes: If she is getting dressed, this means a half an hour. Five minutes is only five minutes if you have just been given five more minutes to watch the game before helping around the house.

(3) **Nothing:** This is the calm before the storm. This means something, and you should be on your toes. Arguments that begin with nothing usually end in fine.

(4) <u>Go Ahead</u>: This is a dare, not permission. Don't Do It!

(5) <u>Whatever</u>: Is a woman's way of saying Blow YOU!

## **BUNNINGS NORTH PENRITH BBQ's For 2016**

Team C 4/2/16, 3/3/16, 31/3/16, 14/4/16, 12/5/16 & 9/6/16

Team D 18/2/16, 17/3/16, 28/4/16, 26 5/16 & 23/6/16

### BUNNINGSVALLEY HEIGHTS, BBQ;s For 2016.

Team A 16/1/16,20/2/16 & 19/3/16

Team B 2nd/1/16, 6/2/16 & 5/3/16

#### **UP-COMING EVENTS**

#### HENRY LAWSON THEATRE 26th. FEBRUARY

Those wishing to attend please book your tickets via the internet or the theatre to see a performance of **"THE OLDEST PROFESSION".** The show starts at 8pm meet at 6.30 pm if you plan to dine at the club.

#### PENRITH CBD FESTIVAL

We have applied to participate in this event again this year on **SATURDAY 19th MARCH.** It will be a BIG day, so we will need a couple of crews to man the stall. See Ron if you can help out.

### PUG VISIT

There maybe one or two seats left on the bus....see Bob for details

### POSTMAN BOAT CRUISE 5th. APRIL

See David for details

## LEONAY GOLF CLUB STORAGE

On Wednesday 20/1/16 a small energetic group armed with trailers managed to empty the container at the golf club of our gear. Next on the list is Powell St. We thank the Leonay Sports & Recreation Club for their support.

## DONATIONS

Thanks to Bruce Simpson (a former member who is moving to the Mid North Coast) for his donation of a 6' x 4' box trailer and assorted tools.

Gordon Shearston for the donation of the sailing boat which will become a project for a couple of blokes and then donated to **SAILABILITY**.

Bunnings for the donation of the redundant BBQ. Yet another project for a couple of blokes to do work on.

## **OUR SUPPORTERS**





# FREE STYLE

BARBER SHOP

## MEMORY MALL ARCADE

10 WORDS A WOMAN USES

(6) **Loud Sigh:** This is actually a word, but is a non-verbal statement of ten misunderstood by men. A loud sigh means she thinks you are an idiot and wonders why she is wasting her time standing here and arguing with you about nothing. (Refer back to # 3 for the meaning of nothing.)

(7) That's Okay: This is one of the most dangerous statements a women can make to a man. That's okay means she wants to think long and hard before deciding how and when you will pay for your mistake.

(8) Thanks: A woman is thanking you, do not question, or faint. Just say you're welcome. (I want to add in a clause here - This is true, unless she says 'Thanks a lot' that is PURE sarcasm and she is not thanking you at all. DO NOT say 'you're welcome'. that will bring on a 'whatever').

# DISABLED PARKING.

Two places have been set aside for our members who display an approved permit. The spaces are signposted and are located either side of the container at the rear of the building. There is plenty of parking for our able bodied members elsewhere on the site.



# NOT SO "GOOD STUFF"

Again the Committee finds itself pleading with members NOT TO BRING so called GOOD STUFF to the shed.

If you have or come across something you think the shed maybe able to use....if it is that good **KEEP IT AT YOUR PLACE** 

# THE SHED IS NOT THE TIP

We do not want furniture, TVs, kitchen appliances, timber etc...no matter how good it is. With anything else, approval of the committee is required PRIOR to bringing it on site.

With prior consultation some items maybe accepted ie. the boat, trailer and BBQ as these were seen as providing work for members and upon completion could result in producing a direct benefit to the shed either through public relations, sale of the items or our usage.

# LADDERS

There is a lot of ladder work being carried out at the shed at moment, all aimed at getting the emergency lighting and exit signage installed. As commendable as this is, too many risks are being taken. **ALL LADDERS** (when in use) **MUST BE "FOOTED" OR TIRED OFF** and used at the appropriate angle. I found one the other day set at an angle more appropriate for a set of stairs!!!! This is just madness and could be deadly. Over the past 5 years we have had a very good safety record with only one reported incident. Let's think SAFETY FIRST for everything we do.

# LAWN MOWERING

Thanks to NEMO, our next door neighbour for slashing the top paddock when we returned to Simeon Road after Christmas. The grass hadn't been cut for 3-4 weeks and was a jungle. The following week was when we had the reported incident (as noted above). The mower was being operated without the catcher attached and the back guard tired off in the open position (to prevent clogging of 10 words a woman uses.

## (9) <u>Don't worry</u> about it, I got it:

Another dangerous statement, meaning this is something that a woman has told a man to do several times, but is now doing it herself. This will later result in a man asking 'What's wrong?' For the woman's response refer to # 3.

# (10) We have to

**talk**: That means -Sit down, shut up and listen. Open your trap and you're deadmeat.

Also, when a woman asks your advice similarly, that means sit down, shut up and listen - don't give any advice at all. Mowers continued

Mowers **MUST** be used with the catcher attached or the rear flap in the down position or be fitted with a rear windrower. Two of our mowers have now been fitted with a rear windrower.

# ACCIDENTS/INSIDENTS

A reminder that ALL ACCIDENTS/INJURIES or INSIDENTS MUST BE REPORTED to a First Aider 7/or a committee member and recorded ......NO MATTER how MINOR..

## FIRST AIDERS

Very soon the accreditation of our 2 First Aiders will lapse (Russel & Ron) We are seeking two more members to undergo First Aid training. The Shed will pay for this training and compensate for any travel expenses. The location of the training will probably be in Penrith.

Volunteers please.

# OUR NEW WEB SITE

Thanks to Ian Croker we now have a new web site and address. Go to "nepeanshed.org" and have a look. It is still under going some "tweaking" so not everything will works but it wont be long.







The donated sailing boat, Box Trailer and BBQ, all of which will be 3 good projects this year



