

Shed and Postal Address
18 Simeon Rd. Orchard Hills.
NSW 2748

Email:
nepeanmshed@gmail.com

Web:
www.nepeanshed.org

SHED Meeting Times:
Every Monday & Wednesday
9am—2pm

SHED PATRON
Stuart Ayres MP for Penrith.
Minister for Trade, Tourism
& Major Events:
Minister for Sport.

COMMITTEE
President:
Mike Siegle 0419 628 626
Vice President:
Tony Hudson 4751 4726
Secretary:
Les Harrison 4731 4140
Treasurer :
David Ongley 0417 238 250
Committee:
Terry Bray
Paul James 0427 284 355
Eoin Milne 0459 484 012
Public Officer :
Bob Maynard 0411 247 886

**Web Master &
Editor of Newsletter :**
Ian Crocker 0412 140 449
eMail:editor@nepeanshed.org

SHED MEN AT WORK

In their Community
SHOULDER TO SHOULDER
NEWSLETTER OF THE NEPEAN MEN'S SHED INC.
September 2016

G'Day Shedders,

Well along with the weather improving a lot has been happening at the shed. So here we are with another bumper edition. But first...

Working with Children. All members are encouraged to obtain a WWC (Working With Children) number. It is a simple on-line process and a quick visit to the RMS site to present your ID. Once approved you are allowed to work with children as a volunteer. As we are sometimes called upon (ie Billy Cart Project and Children Races) it is good to already have. Visit the WEB site to apply:

<https://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check>

And just a reminder, all Shed members are also photographers and reporters. So if you are involved with a project, event or whatever that could be suitable for the Newsletter or WEB site, please email the photos along with a short story it to editor@nepeanshed.org.

The following is an extract from a letter received by Michael (Shed President) from Penrith City Council dated 8th September 2016.



Congratulations on your new shed facility at Orchard Hills

On behalf of Penrith Council and our community I would like to offer the Nepean Men's Shed hearty congratulations on your successful acquisition of a shed facility at 18 Simeon Road Orchard Hills.

The hard work of your committee and members has secured a valuable social asset that will contribute significantly to the health and wellbeing of our residents.

We are committed to advocating for the establishment of services for men in the Penrith Local Government Area and look forward to continue working with you on these matters. I would welcome the opportunity to meet with the Nepean Men's Shed and look forward to confirmation of your planned official opening.

Signed by: Erich Weller
Community and Cultural Development Manager

Check Out These Sites



Australian
Men's Shed
Association
SHOULDER TO SHOULDER

<http://mensshed.org/>



<https://www.beyondblue.org.au/>



<http://www.49.com.au/>



<https://www.menshealth.com.au/>



<http://malehealth.org.au/>

What's On

Check out these two sites.
You could be surprised at what your
local council has on.

PENRITH
CITY COUNCIL

<https://www.visitpenrith.com.au/Whats-On/#>



<http://bluemountaincitytourism.com.au/whats-on/>

Shedders



We're looking for numbers for social night out at the Henry Lawson Theatre at Werrington County for November.

Friday November 11th has been selected for the night to attend the show "When Dad Married Fury".

http://www.hltheatre.com.au/WHEN_DAD_MARRIED_FURY.html

The show commences at 8pm which would give those who would like to enjoy a delicious dinner from the Bistro as a pre show meal sufficient time to do so.

Penrith Real Festival and Pallet Furniture Progress Report

The Penrith Real Festival (River, Environment, Art and Lifestyle) is to be held on the banks of the Nepean River on the 4th and 5th of

November and we have been asked to assist by making furniture from old pallets.



Our "chippies" have been hard at work disassembling the big stack of pallets and sorting out into usable timber and rubbish.

Meanwhile plans for different items, mainly chairs and tables, needed to be finalised.

Production began. Wood had to be cut to size and well sanded to reduce the possibility of a splinter in a hand or other sensitive area (ie. when sitting).



The pile of pallet furniture has rapidly grown thanks to a dedicated team effort.

On the 21st September two ladies from the council came to inspect our progress. I think it is only fair to say that they were very impressed with the items so far made and their quality.



We will also have our marquee there and will be able to conduct a stall.

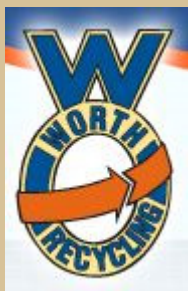
Photo of the team with Shed President Michael and Penrith Council ladies Christine Glasson and Shelly Broadbridge

Supporters

PENRITH
CITY COUNCIL



NORTH PENRITH



PENRITH

No English dictionary has been able to explain the difference btwn the two words "COMPLETE" and "FINISHED". Some people say there is no difference btwn "COMPLETE" and "FINISHED", but there is. When you marry the right woman, you are COMPLETE and when you marry the wrong woman you are FINISHED! When your wife catches you with another woman you are COMPLETELY FINISHED and when your wife likes shopping so much you are FINISHED COMPLETELY!!! □

©

2016 "Grandparents Day" Project

Three ladies from Penrith City Council came to the Shed on the 7th September to inspect the prototype of the "Billy Cart" the guy's have made for the Grandparents Day.

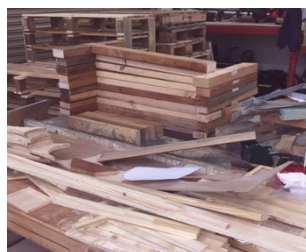
Seems that the prototype has been given the nod of approval and now we have the go ahead to make 18 Billy Carts

We have also been ask to assist with the races and cook up a BBQ for everyone (apparently we have had a bit of practice at doing BBQ's).



Photo of Tracy Leahy, Dianne Boyde and Amanda Collins representing PCC

Date now 21st September and all systems are go on the



mass production of billy carts.

On the left we have some of the chassis (bottom supports) and on the right are some

of the sides, seats, backs and running gear consisting of axles and wheels.



Bird Feeders - Last year we were very busy making 50 wild bird feeders. These feeders were distributed throughout parts of the Blue Mountains that have been ravaged by past bush fires in an effort to encourage the return of wild birds to the burnt-out areas.



We have now been asked by Penrith Council to make them 26 feeders for distribution to preschools.

SANTA'S SLED OVERHAUL



Santa is in trouble. His "sled" has suffered water damage in the recent floods and unless it is repaired some very disappointed children will miss out on their ride at the Christmas party.



We have been approached by the local RDA group to see if we could put some elves to work and get the "sled" repaired for them. The "sled" is used for the Christmas Party so the children can have a ride.

A couple of the bloke's went and had a look and it was agreed to take the project on. Basically there is a bit of rust to be dealt with, a good paint job and new fairy lights installed. The "sled" will be brought to the shed on a trailer.

Dates for the Calendar

06/10/16 Bunnings North Penrith BBQ Team A
13/10/16 Bunnings North Penrith BBQ Team C
20/10/16 Bunnings North Penrith BBQ Team B
27/10/16 Bunnings North Penrith BBQ Team D
30/10/16 Grandparents Day Jamison Park
03/11/16 Bunnings North Penrith BBQ Team A
4-5/11/16 Penrith River Festival
<https://www.penrithcity.nsw.gov.au/REALfestival/>
10/11/16 Bunnings North Penrith BBQ Team C
17/11/16 Bunnings North Penrith BBQ Team B
19/11/16 Glenbrook Markets
24/11/16 Bunnings North Penrith BBQ Team D
09/12/16 Christmas Party at the Shed
30/9 to 2/10/17 AMSA Conference, Gold Coast Q

It's Twin Girls

For Poppy Mike and Nana Debs!!
2 beautiful girls..Zahlia and Shilah
Mum Alysha, Dad Michael and Bodhi still recovering !!

Poppy and Nana still celebrating
First twins for the Shed.



NEW Members

We welcome the following new members to the shed.

Andrew Irving

Shed Membership Currently 75

What is Celibacy? Celibacy can be a choice in life, or a condition imposed by circumstances. While attending a Marriage Weekend, my wife and I, listened to the instructor declare, "It is essential that husbands and wives know the things that are important to each other.."
He then addressed the men: "Can you name and describe your wife's favourite flower?"
I leaned over, touched my wife's hand gently, and whispered, 'Self-raising, isn't it?'

And thus began my life of celibacy.....

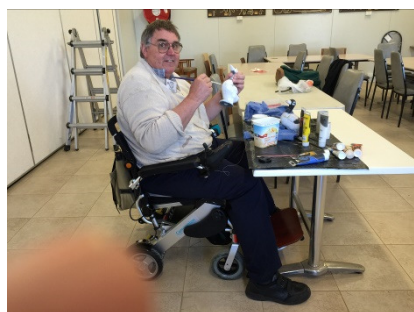
Artwork at the Shed

Now that a lot of the hard work has been completed with our new premises, it is time to start up some other activities. We now find out that there are a number of artistically talented members amongst us.

Bob and Terry are here with paintbrushes poised and looking like they are actually doing something. Well if you look next



to their elbows you will see a stack of wooden jigsaw puzzles. These belong to a pre-school and had a number of parts missing. Their job is to make new parts and then paint them with the picture that should be on them. Not such an easy job as it has to match the colour and style of the other original pieces.



Now here is John. There is a hidden talent here that many of us never knew about.

John was a "sparkie" by trade so whoever would have guessed that he was also an accomplished artist. See more about John on Page 8

Under the tuition of Jim Collier (right) we have David Ongley (Left) and Terry Bray learning the art of "freestyle" painting.



Apparently this is a great way to make such things as Greeting Cards that are bright and colourful and anyone can do.



Christmas Party 2016

When: Friday 9th December with the meal served at around midday.

Where: In our own Hall

Cost: \$40 p/h

Alcohol: Will be allowed. BYO

Please RSVP to David ASAP

Non Committee Roles

Shed Co-ordinators: Tony Hudson, Paul James & Ron Langley.

Leaders Woodwork: Colin Carr, Dennis Clune & Bob Osborne.

Leaders Metalwork: Morrie Mufsud, Keith Sharples & Tony Hudson.

Leaders Other: Dennis Comber & Michael Siegle.

Safety: Paul James & Jeff Thorn.

Assets: Andrew Podolski.

Events Organisers: Mike Siegle & Terry Bray.

Welfare: Peter Crisp & Keith Sharples.

Housekeeping, Recreation & BBQ Supplies: Terry Bray.

Membership: Les Harrison & David Ongley.

Web/Newsletter Editor: Ian Crocker.

Tool Sharpening: Keith Sharples.

Library: Gerry Powell.

Shed Update Happenings

Penrith City Council to the Rescue

Now that the driveway and front car parking is all nicely sealed. However we are left with half the area at the back that could not be “hot mix” sealed as any heavy truck turning on it would create problems. The only solution is to concrete the remaining area. While in dry weather it is not such an issue but as soon as it rains it turns into a slushy mess that not only results in mud being trooped into the shed but is also slippery and generally dangerous. After all, us “old fellas” cannot

afford a fall or we could end up in hospital.



President Mike Siegle had an opportunity to address the Council Meeting in August and as a result they have said that the Council will meet the cost. [Thank you Penrith Council from all of us “old buggers”.](#)

5th September. A contactor has been employed and work has started with the ground preparation and reinforcing positioned. Weather permitting, the concrete will be laid on Monday 12th September.

12th September.

All is go. The trucks rolled in and poured out their lumpy loads. A team of concreters turned up and out came the shovels and finishing machines.

Again, thanks to Penrith Council.

Next job along the side of the shed is to fill in the dirt areas between the building and fence that were not hot-mixed. If this is not done then the newly laid driveway is liable to break away on the sides. This should then complete the driveway and parking areas.



Is that possums in the roof? No. It is just Eoin up there doing a bit of electrical work. All the ducting you see in the photo is the new ventilation system for the bathroom areas. Eoin's job is to connect the fans with the sensors so that they come on automatically when someone has to “spend a penny” (and if you don't know what that means, ask your grandparents).

Shed Update Continued

Other major building works is a new doorway in the hallway to assist with reducing noise to the meeting rooms from the back workshop area, making some cupboards out of unused space near the front doorway. And most importantly, a wheelchair



Peter, our resident tiler.

accessible toilet to comply with council regulations and ducted exhaust systems to all toilet areas. A big job.



Hi Fellow Shedders

My wife and I are wondering if you would be able to assist us in helping the School Children of Yalumcwa Elementary School on Kiriwina Island and the Elementary School on Kitava Island in Papua and New Guinea.

Early this month Gwen and I have returned from a cruise to Papua and New Guinea where we visited Kiriwina Island.

The local people who live on Kiriwina Island are extremely poor and their schools are desperately in need of the most basic stationary items like Black, Blue and especially Red Pens, Pencils, Colour Pencils, Pencil Sharpeners, Erasers, Rulers, Set Squares and other stationary items. Also the other items that the schools desperately need are basic learning to read books in English, Whistles for the teachers, Tennis Balls, Soccer Balls, Footballs and Air Pumps to inflate the Soccer and Footballs for sport.

We are wondering if you would able to help Gwen and I collect some of these stationary items which we can take with us during our next cruise to Papua and New Guinea in November where we will donate them on behalf of the Nepean Men's Shed to the Yalumcwa Elementary School on Kiriwina Island and the Elementary School on Kitava Island.

Yalumcwa Elementary School is 10 Km in land from where the Cruise Ships anchor and as these Islands Communities do not have electric power, phones or computes I have written to the Yalumcwa Elementary School asking them if they could meet with us so we donate to them these much need gifts for their school.



Please see photo of the School Building on Kiriwina Island. The people of Kiriwina Island selling their magnificent hand crafted craft (this is their only source of income) and some of the desperately need items. The cost of the items that are desperately needed cost less than that of an ice-cream.

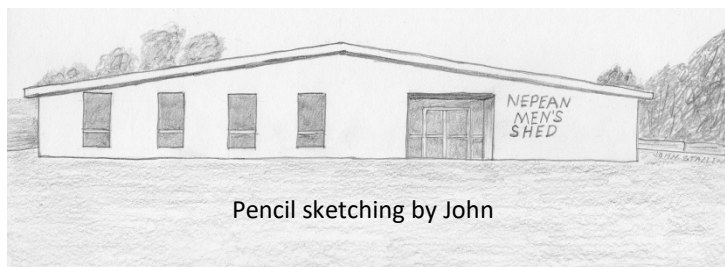
I will be bring in a box to the Men's Shed in which you can place your desperately need donations.

Thanking you very kindly for all your kindness as it is very much appreciated,

John and Gwen Stalling

John Stalling and the Men's Shed

By Peter Crisp



Pencil sketching by John

John was born at Tenterfield N.S.W. in 1954 and attended all his schooling in Tenterfield where he was a champion runner.



Painting Models

After leaving school John accepted an apprenticeship with the then N.S.W. Government Railways in the electrical branch studying both fitter and mechanics. John worked for many years with the railways, leaving and returning to different locations and departments. John



Electrician

installed all the lights in Penrith railyard. John's last employment was maintenance electrician at Ryde Hospital. He spent three years there before he was diagnosed with Primary Progressive M.S. He was terminated medically unfit in 2012 aged 58 years.

John has many interests; Photography- Computer- Military History- Reading and Gardening. The family have two German Shepherd dogs and he really loves them. John also enjoys his painting.



John loves coming to the "Men's Shed" as it allows him the opportunity to meet and speak to like-minded men. Before joining the "shed" John went through a hard time coming to terms with his illness, but after being involved with other men at the "SHED" he is now much happier.

We have seen the results of his photographic skills with many pictures that are now used on our Web site and in Newsletters. Also we should mention that John is a pretty good cook. He regularly turns up at the shed with a basket of freshly baked cookies or cake.



Terry Regan is our shed poet and enters a few competitions. Just 2 weeks ago he went to Yass to be involved in a competition and was very successful. He received a 1st in one category and two 2nds. He also received overall winner for the weekend. This was his 5th year he has taken out overall winner.

Story by Peter Crisp

Free Computer Support and Tuition to Shed Members Windows and Apple

Need help with a computer problem or would like to know how to use a computer. I am happy to help any shed member.

I can show you how to do such things as:
get to know your computer, using the
WEB (Internet), using email, Microsoft
Word and Publisher, photos, eBooks and
more...

Ian Crocker

