



## Nepean Men's Shed Inc.

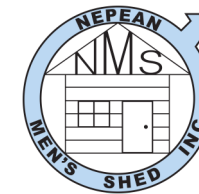
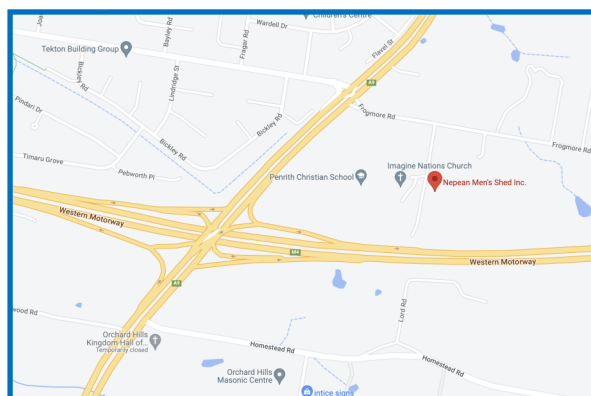
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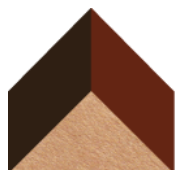
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## Nepean Men's Shed Inc.



**Information sheet**



**Australian Men's Shed Association**  
SHOULDER TO SHOULDER

The Australian Men's Shed Association (AMSA) is the main body representing over 930 Men's Sheds and is recognised as one of Australia's largest male based community development organisations.

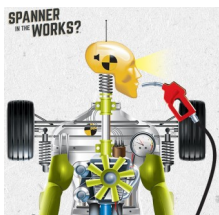
[www.mensshed.org](http://www.mensshed.org)

Beyond Blue provides information and support to help everyone in Australia achieve their best possible mental health, whatever their age or wherever they live.



[www.beyondblue.org.au](http://www.beyondblue.org.au)

### When Was Your Last Service?



Knowing when to have your car checked is no different than keeping your body in peak condition.

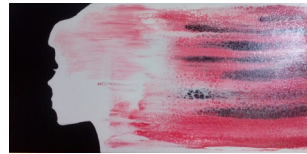
[www.malehealth.org.au](http://www.malehealth.org.au)

**COME JOIN US  
AND HELP MAKE OUR  
SHED AN EVEN  
BETTER PLACE  
TO ENJOY**



## COME AND ENJOY!

Do you work with wood or metal? Would you like to?



Would you like to experience your creative side with art?



Do you have a passion for model trains, ships, cars or planes?



Or would you simply enjoy a great chat with people who have similar interests.



## What Does The Shed Offer?

The Nepean Men's Shed provides a place where men from all walks of life can come together in a safe, caring and socially nurturing environment.

We offer a wide range of activities that will stimulate the mind while allowing your creative talents to blossom.

Our Shed has created a warm, friendly place where you can work on a project or simply sit and read in our library, wherever your interests lay.

There really is a place waiting for you!

These are just a sample of the activities you can involve yourself in at the Nepean Men's Shed.

We believe that your health and wellbeing are the most important things that we can contribute to and so, we offer a vast array of interests, hobbies and 'work' to fill your day and remove the need to stay at home.